

CURING MONEY MADNESS
WITH SPENCER SHERMAN

ACTUAL NET WORTH

Here, you'll expand the traditional net worth statement one step farther by including what I call "human assets," those items we typically omit from the net worth concept but which are, as you'll see, a true and powerful component of wealth. For example, would you prefer to be a billionaire in poor health or a poor person in excellent health? Given that most people choose the latter, health must have a monetary value.

To calculate lifetime income, multiply your current income by the number of working years you think you have left. Then think about what your untapped skills and creativity could earn if you put them to use, and add that amount to the mix.

To calculate the other categories—the ones we don't typically value in terms of money—think about what you would pay to get those things back. For example, if you got seriously ill, how much would you reasonably pay or borrow to get back your current level of health? How much cash would someone have to give you for your sense of humor? Your friends and family? What is the monetary value of the service you have provided the world? After completing this worksheet, one person went from depression over a *traditional* net worth of \$4,250 to a feeling of freedom and power based on an Actual Net Worth™ of over \$4 million.

CURING MONEY MADNESS

WITH SPENCER SHERMAN

ACTUAL NET WORTH

<u>ASSETS</u>	Current Value	% of Total Assets
Liquid Assets:		
Bank Accounts	_____	
CDs	_____	
Money Markets	_____	
Total Liquid Assets	=====	=====
Investment Assets:		
Brokerage Accounts	_____	
Mutual Funds	_____	
Collectable Loans to Friends	_____	
Business Assets	_____	
Total Investment Assets	=====	=====
Retirement Assets:		
IRAs	_____	
Social Security & Pension Income	_____	
401(k) / 403(b) Plans	_____	
Total Retirement Assets	=====	=====
Real Estate Assets:		
Property 1	_____	
Property 2	_____	
Total Real Estate Assets	=====	=====
Human Assets:		
Value of Lifetime Income	_____	
Friends and Family	_____	
Untapped Skills & Creativity	_____	
Health & Remaining Life	_____	
Service to World	_____	
Total Human Assets	=====	=====
TOTAL ASSETS:	=====	=====
<u>LIABILITIES</u>		
Personal & School Loans	_____	
Credit Cards	_____	
Mortgage(s) / Home Equity Loans	_____	
TOTAL LIABILITIES:	=====	=====
ACTUAL NET WORTH:	=====	=====